

CLASS: $\rightarrow$ 4th

NEPS

Page no. 1

SUBJECT : $\rightarrow$ SCIENCE

UNIT Ist, 2021

M. MARKS :- 20

(A) Answer the following Questions : (Do any four)

Q1 What is a balanced diet?

Q2 How is saliva useful in digesting food?

Q3 What are microbes? Name four different kinds of microbes.

Q4 Why do you need food?

Q5 What is fibre? How is it useful?

Q6 Mention any three uses of microbes.

(4 $\times$ 2 = 8)

(B) Fill in the blanks :-

1, The breaking down of food into small, simple forms is called _____.

2, We have eight _____ at the front of the mouth.

3, _____ are the smallest microbes.

4, The digestive juice present in the mouth is called _____.

(4 $\times$ 1 = 4)

(C) Tick the correct answer :-

1, The body cannot digest

(a) Fruits (b) vegetables (c) Meat (d) Fibre

2, Which of these foods is rich in proteins

(a) carrot (b) banana (c) fish (d) Spinach

3, Which teeth help you to cut food?

(a) Incisors (b) Canines (c) premolars (d) molars

(3 $\times$ 1 = 3)

(D) Write True or False:-

- 1, All microbes are harmful to us.
- 2, You have 32 milk teeth.
- 3, All our teeth are of the same shape.
- 4, The enamel of teeth is harder than a bone.
(4 × ½ = 2)

(E) Match the following

- | | |
|-------------|--------------------|
| 1, Proteins | a, blood. |
| 2, Butter | b, Spoil food |
| 3, Iron | c, body - building |
| 4, Germs | d, fat |

(4 × ½ = 2)

(F) Draw a well labelled diagram of any one of the following.

(a) Food rich in carbohydrates (Any two)

(or)

(b) Structure of a tooth

(1 × 1 = 1)