

New Era Public School

Subject: S.S.I

Lesson No. 12

Class: Ist

Keeping Healthy

Solved Assignment of Term II (2021)

Q1: When should we brush our teeth?

Ans: We should brush our teeth every morning and before going to bed.

Q2: Why should we do some exercise regularly?

Ans: We should do some exercise regularly to keep our body healthy.

Q3: Why is rest necessary?

Ans: Rest is necessary because it refreshes our mind and body.

Q4: What gives you complete rest?

Ans: Sleep gives us complete rest.

Q5: How should we sit, stand and walk?

Ans: We should sit straight, stand erect and walk straight and erect.

B) Fill in the blanks.

1. Brush your teeth in the morning.
2. Take a bath everyday.
3. Wear clean clothes.
4. Keep your nails short and clean.
5. Regular exercise keeps our body fit.

C) Write 'T' for True and 'F' for False.

- | | |
|---------------------------------------|----------|
| 1. Brush your teeth once a week. | <u>F</u> |
| 2. While bathing, rub your body well. | <u>T</u> |
| 3. Never use another's towel. | <u>T</u> |
| 4. Use a blade to cut your nails. | <u>F</u> |
| 5. Wash your hands only after meals. | <u>F</u> |



Lesson No. 13

Being Good To Everyone...

Q1: When should we say 'Excuse Me'?

Ans: We should say 'Excuse Me' when we cough, sneeze or yawn while talking to others.

Q2: If someone thanks you, what should you say?

Ans: We should say welcome if someone thanks us.

Q3: How should we close the door?

Ans: We should close the door very gently.

Q4: When should we turn off the lights and fans?

Ans: We should turn off the lights and fans when not in use.

Q5: What do you do when you get up in the morning. Do you wish everyone?

Ans: I take a bath and brush my teeth when I get up in the morning. Yes, I wish good morning to everyone.

B) Fill in the blanks.

1. Do not throw rubbish on the road.
2. Care for plants and animals.
3. Cooperate with your class monitor.
4. Share your things with your classmates.
5. Water is precious. We must not waste it.

C) Write 'G' for good manners and 'B' for bad manners.

- | | |
|--|---|
| 1. Shouting in the class. | B |
| 2. Sliding down the banister. | B |
| 3. Pushing others. | B |
| 4. Standing in a queue for the bus. | G |
| 5. Using polite words like thank you and please. | G |
| 6. Greeting parents / teachers. | G |
| 7. Using bad language. | B |
| 8. Helping others. | G |
| 9. Teasing Animals. | B |
| 10. Plucking leaves and flowers. | B |

Lesson No :-> 14.

Topic :-> Our Sky.

A. Answer the following questions :-

1. What shines brightly in the sky during the day?

Ans. The sun shines brightly in the sky during the day.

2. What shines in the sky at night?

Ans. The stars shine in the sky at night.

3. There are many stars in the sky. Can you count them?

Ans. No, we cannot count the stars in the sky.

4. When can you see a rainbow?

Ans. Sometimes just after the rain when the sun shines again and we see a rainbow in the sky.

5. How many colours are there in a rainbow?

Ans. There are seven colours in a rainbow.

B. Fill in the blanks with words given in the box:

1. We see Sun in the sky during the day.

2. After the sunset, we have the Night.

3. They are very big and Round.

4. It is also Bright like the sun.

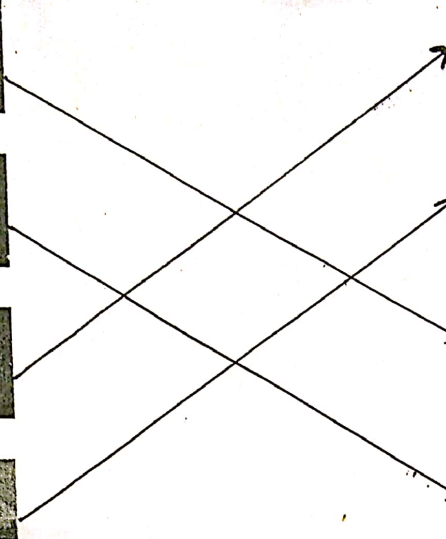
5. Sometimes we do not see the moon

Night Round New moon Sun bright

at all. It is called New moon.

⑥

C. Match the following:-

1. The			changes its shape.
2. The			has seven colours.
3. The			gives us heat and light.
4. The			twinkle at night.

D. Write 'T' for true and 'F' for false:-

1. The Moon does not change its shape False.
2. we can count stars in the sky False.
3. The sun is actually a star. True.
4. The sun shines at night. False.
5. The sun rises in the east and sets in the west. True.

E. Tick (✓) the right answer:-

1. we see in the sky during the day _____
i) The sun ☒ ii) The Moon ☐
2. The sun is a _____
i) Ball ☐ ii) Star ☒
3. The sun rises in the _____
i) west ☐ ii) East ☒
4. we get heat and light from the _____
i) Star ☐ ii) Sun ☒
5. _____ may bring rain.
i) white clouds ☐ ii) Dark clouds ☒

Lesson No : 15.

(7)

Topic : Early Humans.

A. Answer the following questions :

1. Where did early humans live?

Ans. Early humans lived in caves and on tree tops in the forests.

2. What did early humans eat as food?

Ans. Early humans ate raw flesh of animals, wild fruits, nuts and roots.

3. What did early humans use to cover their bodies?

Ans. Early humans use the bark of trees and skin of wild animals to cover their bodies.

4. How did early humans learn to make fire?

Ans. Early humans learnt to make fire by rubbing stones.

5. Which animals did early humans tame?

Ans. Early humans tamed dogs, cows, goats and sheep.

B. Fill in the blanks with words given in the box :

Fire
Raw meat
Stones
Skins
Caves.

1. Early humans lived in caves.

2. Early humans ate Raw meat and wild fruits.

3. Early humans wore Skin of animals.

4. Early humans used sharp Stones to kill.

(9)

5. Early humans discovered fire by rubbing two stones.

C. write 'T' for true or 'F' for false :-

1. Early humans lived on Mountains False.

2. Early humans ate raw meat and wild animals.

True.

3. Early humans hunted wild animals

True.

4. Early humans tamed useful animals.

True.

5. Early humans led easy life.

False.